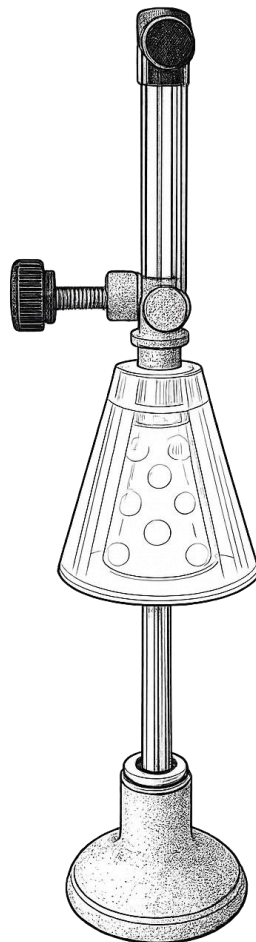




Bi-Directional Device

User Instructions & Safety Manual



Important: Read this manual completely before first use. Apply only gentle, comfortable tension. Stop immediately if pain, numbness, bleeding, swelling, colour change or loss of sensation occurs.

How to use this manual

This manual combines operating instructions, safety information, cleaning and inspection requirements, troubleshooting guidance and legal information. Keep a copy for future reference and use the latest revision available from Forenew Ltd.

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1. Essential Safety Information

Warning: The device must never cause sharp, severe or increasing pain. Pain, numbness, tingling, coldness, persistent swelling, bleeding, skin tearing, dark blue or purple colour, or loss of normal sensation are warning signs. Remove the device immediately.

Safety principles

- ✓ Use only on healthy, intact skin.
- ✓ Begin with short wearing periods and the lowest comfortable tension.
- ✓ Check comfort, skin colour and sensation soon after fitting and periodically during use.
- ✓ Never continue through pain, numbness or an adverse skin reaction.
- ✓ Do not use while asleep, during sexual activity, while driving, or in any situation where you cannot remove the device promptly.
- ✓ Do not share the device with another person.
- ✓ Keep the device and all small parts away from children and pets.

Do not use the device:

- On broken, cracked, bleeding, infected, inflamed or significantly irritated skin.
- Following recent penile or genital surgery until fully healed and medically cleared.
- If you have unexplained genital pain, swelling, discharge or loss of sensation.
- If a healthcare professional has advised you not to use traction or skin-expansion devices.
- If any component is damaged, contaminated, distorted or operating incorrectly.

Medical Advice: Seek advice from a suitably qualified healthcare professional before use if you have a condition affecting circulation, sensation, blood clotting, wound healing, skin integrity or the genital area.

Normal and abnormal sensations

Generally acceptable

- Gentle, even stretching sensation
- Comfortable pressure from the pusher
- Temporary light skin marking that resolves promptly
- Normal colour, warmth and sensation

Remove immediately

- Pain or burning
- Numbness, tingling or coldness
- Blue, purple, very pale or blotchy skin
- Bleeding, blistering, tearing or marked swelling

2. Intended Use and Limitations

The Forenew Bi-Directional Device is a non-medical skin-expansion aid intended for adult personal use as part of a voluntary foreskin restoration programme. It applies opposing forces: the pusher bears gently against the glans while the retained shaft skin is tensioned in the opposite direction.

The device is intended to:

- Apply controlled, adjustable tension to healthy penile shaft skin.
- Permit gradual, user-controlled use over an extended period.
- Be fitted, monitored and removed by the user in accordance with this manual.

The device is not intended to:

Diagnose, treat, cure or prevent disease or any medical condition.

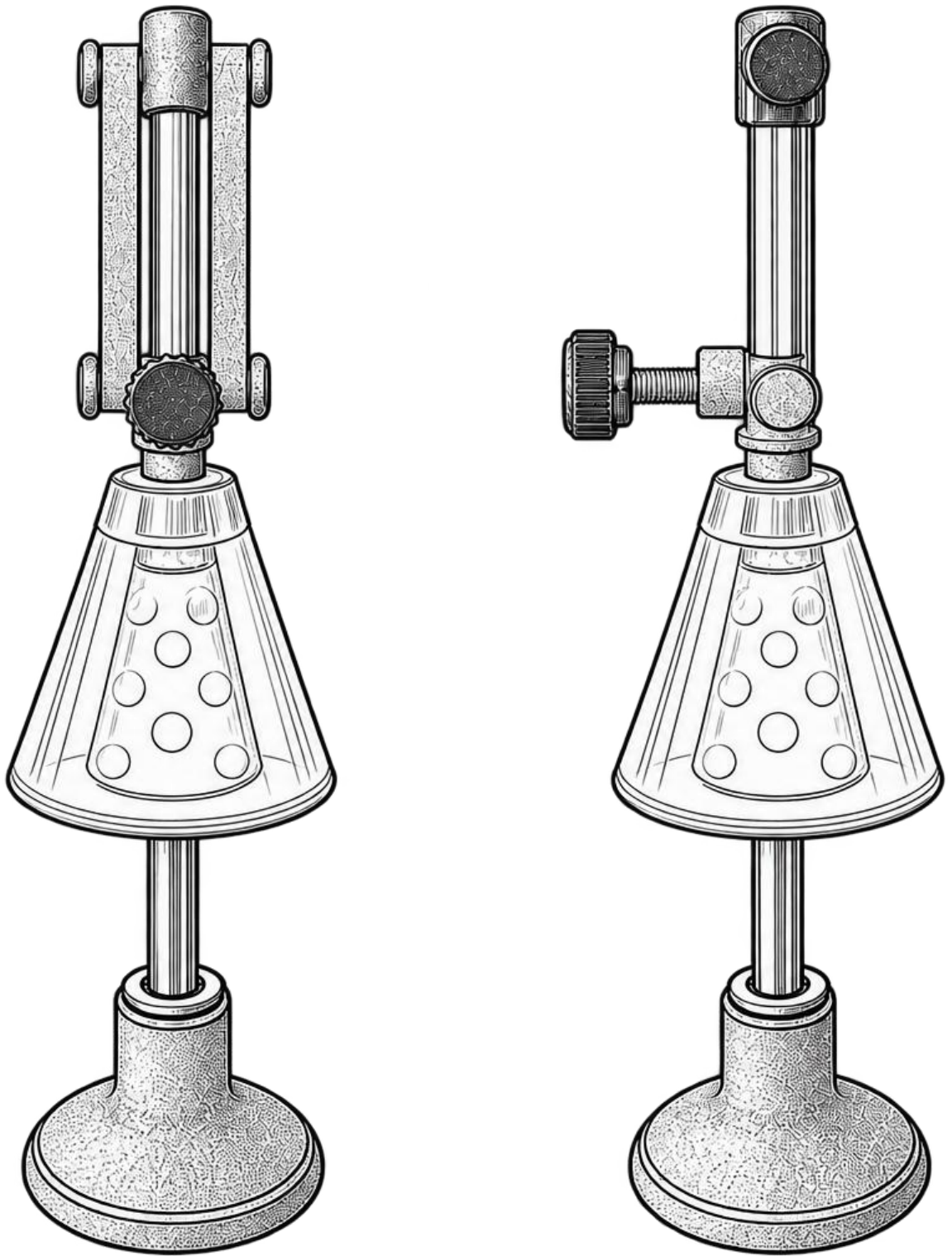
- Recreate anatomical structures removed by circumcision.
- Guarantee a particular cosmetic, sensory, psychological or sexual result.
- Be used by anyone under 18 years of age.
- Be worn without regular monitoring or while asleep.

Results Vary: Anatomy, starting point, consistency, skin response and personal tolerance differ. No guarantee is given regarding the extent, appearance or rate of results.

3. How the Device Works

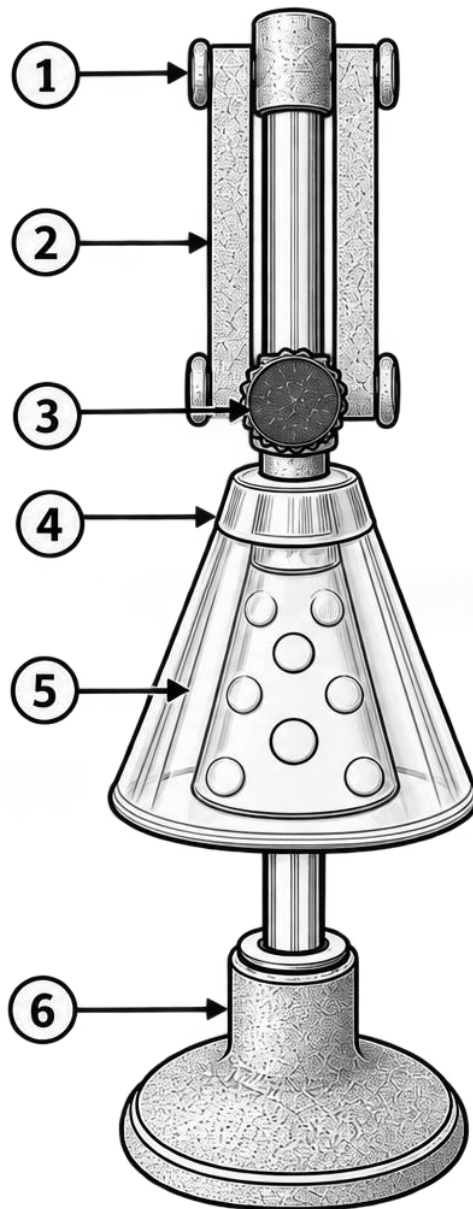
The device uses bi-directional tension. The pusher applies inward pressure to the glans while the retained shaft skin is held and tensioned in the opposite direction. The user controls the amount of tension through the device position and locking mechanism.

Key Principle: More tension is not necessarily more effective. The safest approach is gentle, comfortable and repeatable tension over time.



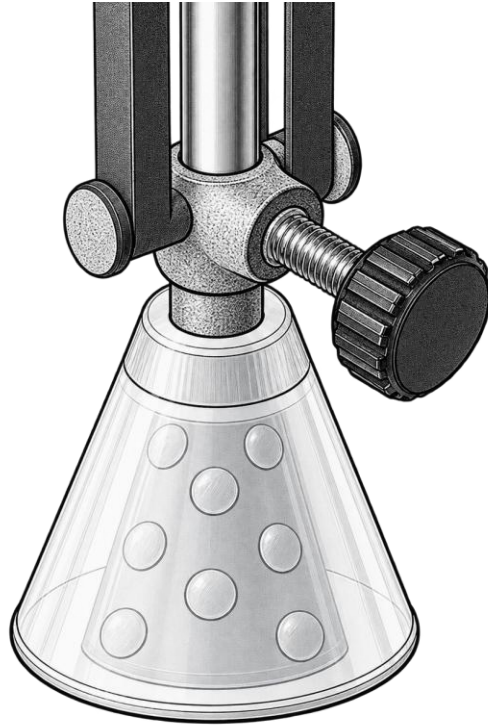
Front and side view of device.

4. Components and Terminology

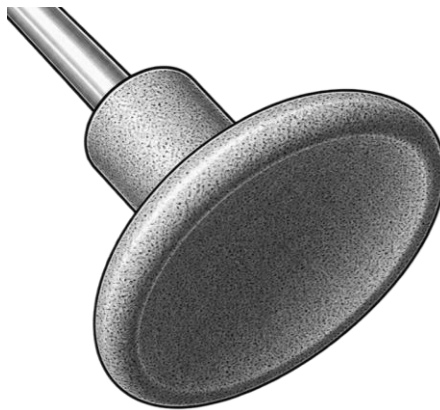


Arrangement of the principal components.

1. **Stainless steel guide rod and end cap**
2. **Elastic tension bands**
3. **Sliding locking assembly and thumbscrew**
4. **Outer silicone retainer**
5. **Inner silicone sleeve**
6. **Pusher**



Locking screw and sliding assembly.



Pusher contact surface

5. Before First Use

- ✓ Read the entire manual, particularly the safety information.
- ✓ Confirm that the device is the correct Forenew Bi-Directional model.
- ✓ Wash the silicone components with warm water and mild, unperfumed soap.
- ✓ Rinse thoroughly and allow all components to dry completely.
- ✓ Operate the locking screw and sliding assembly away from the body to understand how they work.
- ✓ Inspect the device using the checklist below.
- ✓ Plan a short first session at a time when you can monitor the device and remove it immediately if needed.

Pre-use inspection

- ✓ Silicone retainer and pusher are clean, dry and undamaged.
- ✓ Elastic bands are intact, matched and correctly seated.
- ✓ Guide rod is straight and smooth.
- ✓ Locking screw moves freely and holds the sliding assembly.
- ✓ No sharp edges, loose parts or contamination are present.
- ✓ Skin is clean, dry, healthy and free from irritation.

Dry Surfaces: Moisture, skin oils and product residue can reduce grip and increase slipping. Do not use powders, lubricants or moisturisers immediately before fitting.

6. Step-by-Step Fitting

Preparation: For the first few fittings, work slowly and use a mirror if helpful. Keep the locking screw within easy reach and do not release the device until the skin is evenly positioned and comfortable.

Step 1.

Compress and lock the device

Compress the device so the elastic bands are shortened and the pusher is in the fitting position. Tighten the locking screw sufficiently to prevent the sliding assembly from moving. Do not overtighten.



Step 2.

Invert the silicone retainer

Roll the outer silicone retainer back so the inner cone and pusher are accessible. Confirm that the pusher surface is clean and centred.



Step 3.

Position the pusher

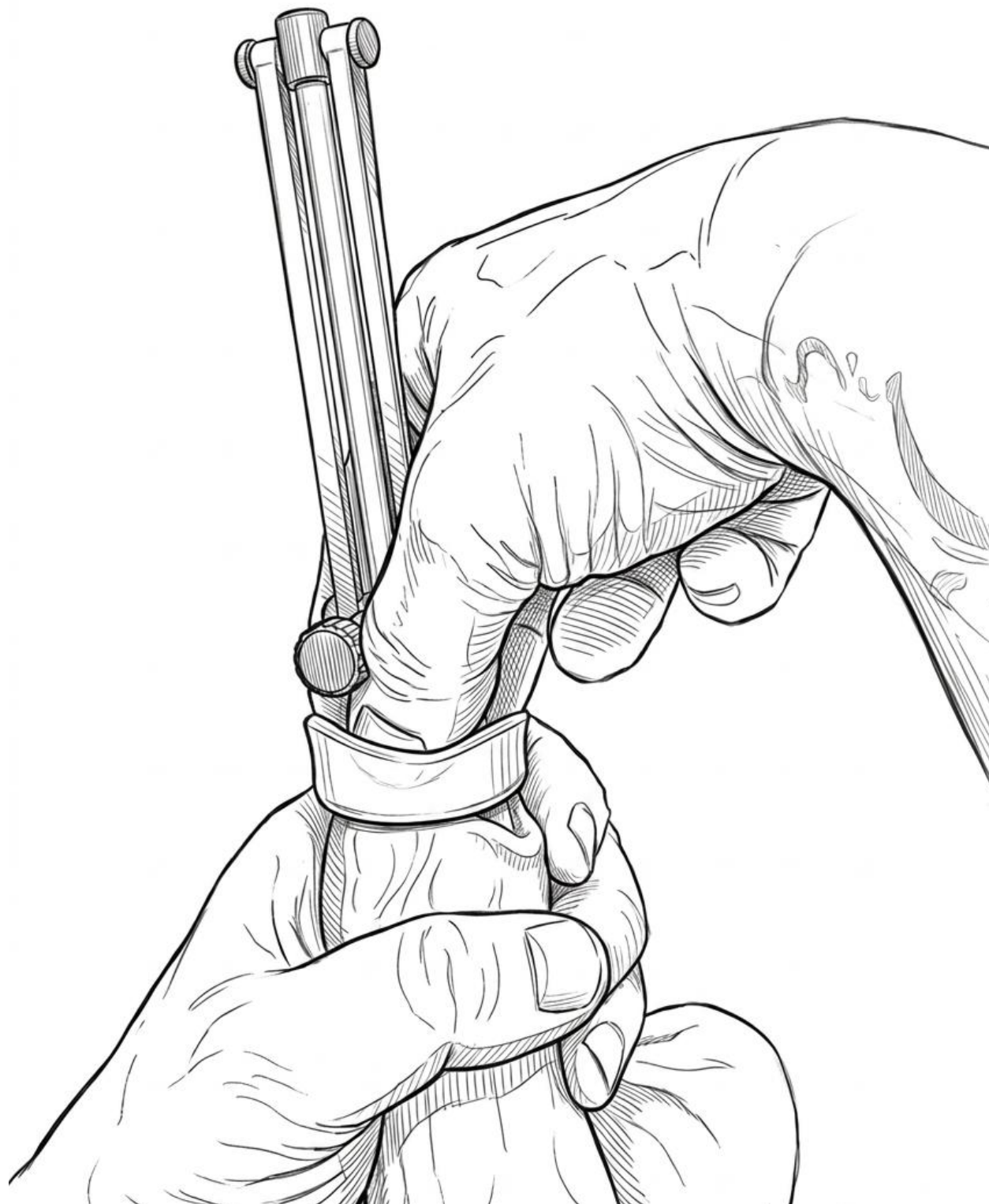
Place the pusher centrally against the glans. Hold the penis and device securely. The contact should feel stable and comfortable, not sharp or painful.



Step 4.

Draw the shaft skin forward

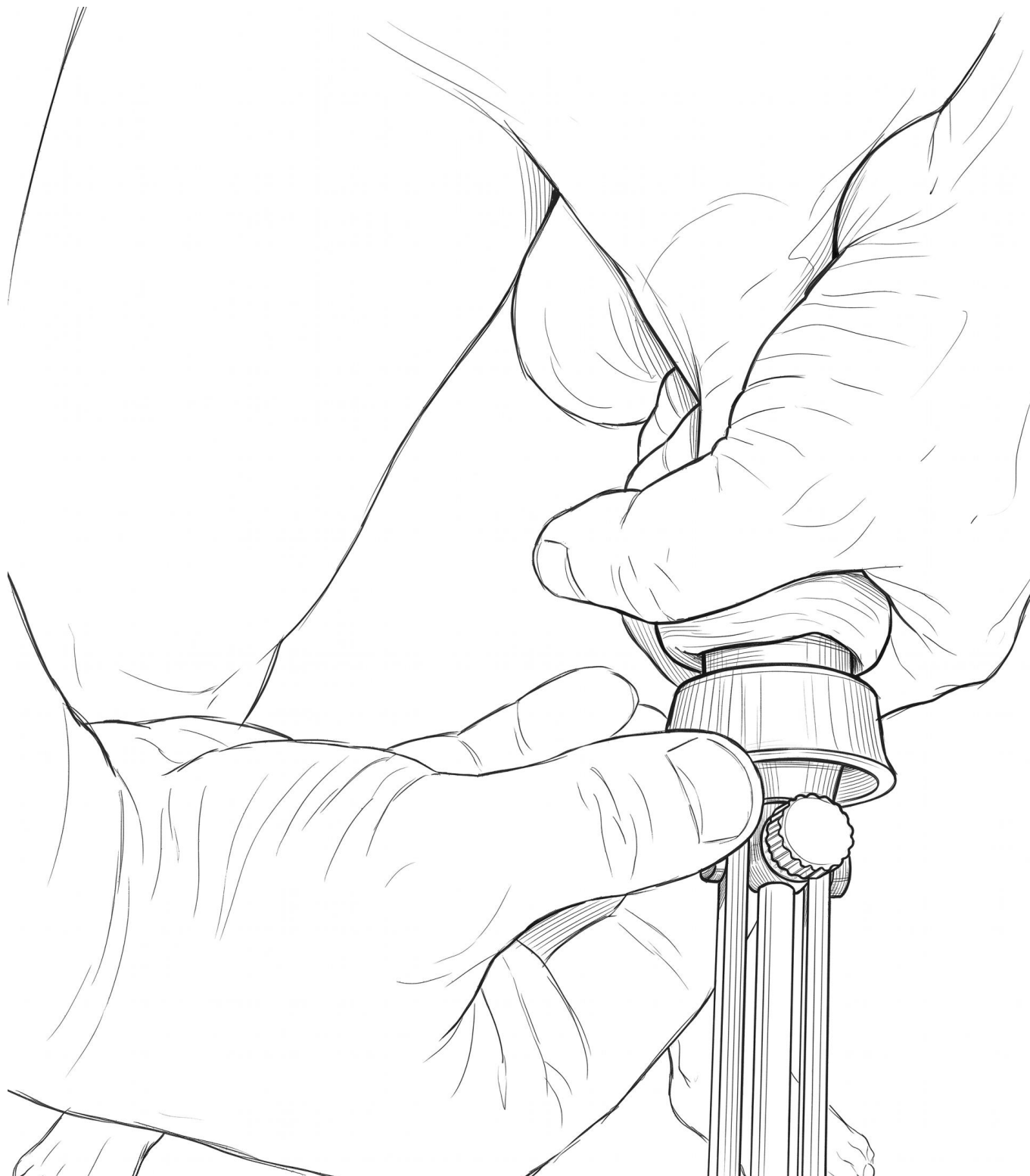
While keeping the pusher in position, draw the shaft skin evenly forward over the inner cone. Aim for a similar amount of skin around the full circumference.



Step 5.

Begin rolling the retainer down

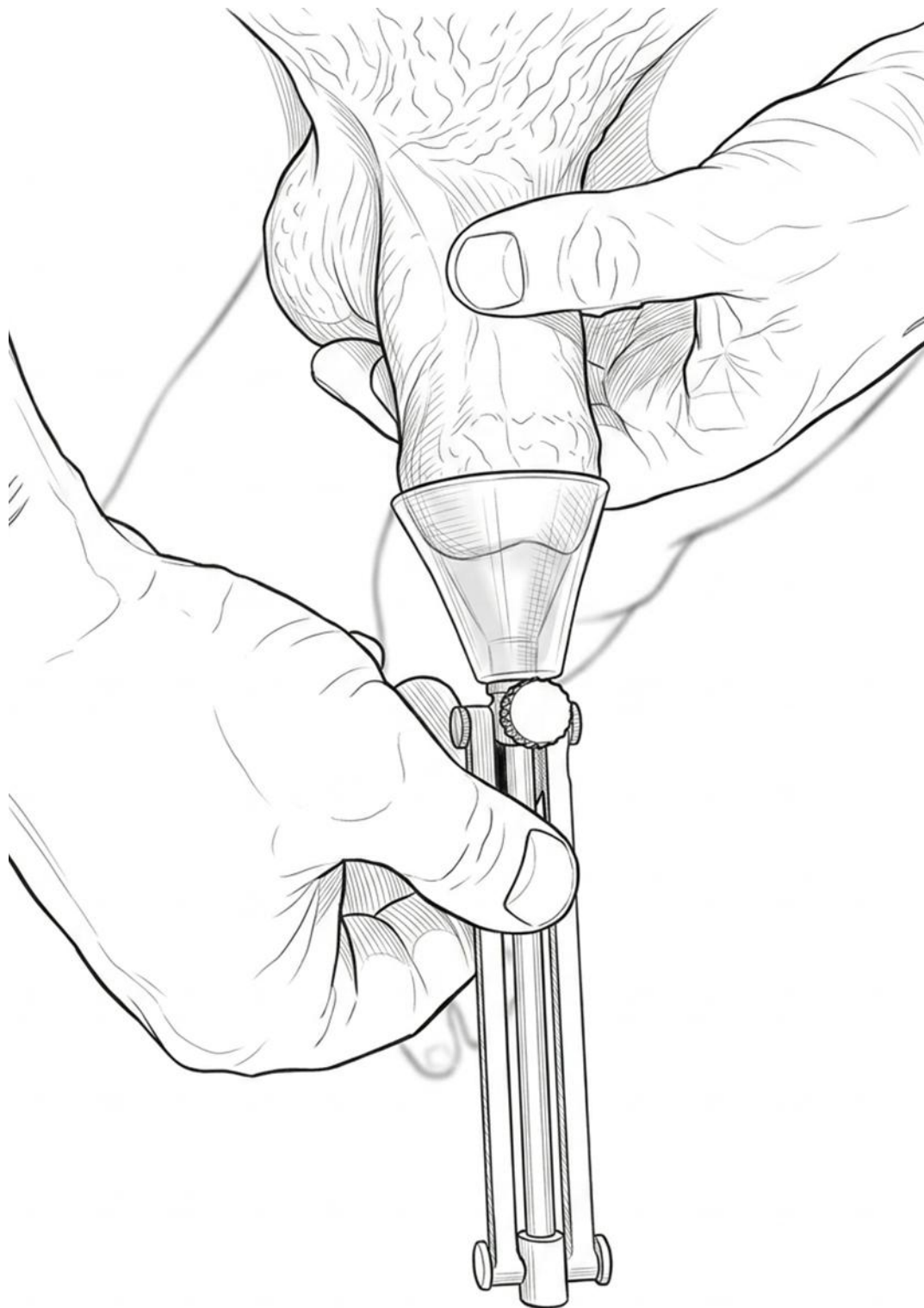
Maintain the skin position with one hand while starting to roll the silicone retainer down over the skin. Work slowly to avoid folds and pinching.



Step 6.

Secure the skin evenly

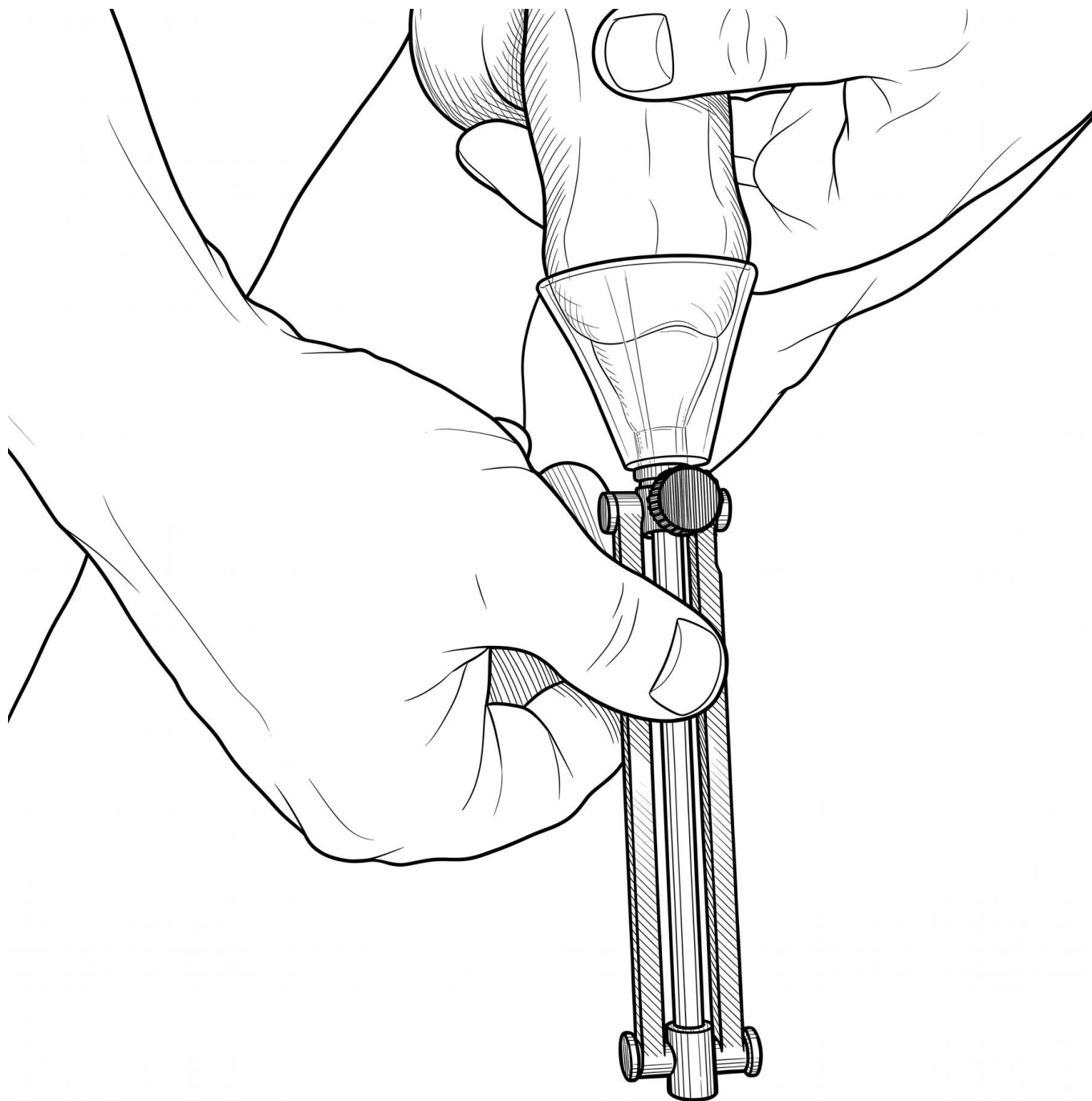
Continue rolling the retainer down until the skin is held securely. Check around the entire circumference. If the skin has moved, folded or become pinched, remove the device and refit.



Step 7.

Check the fitted position

Before applying tension, check that the pusher remains centred, the retainer sits evenly and the device feels comfortable. The skin should not be twisted or trapped unevenly.



Step 8.

Release tension gradually

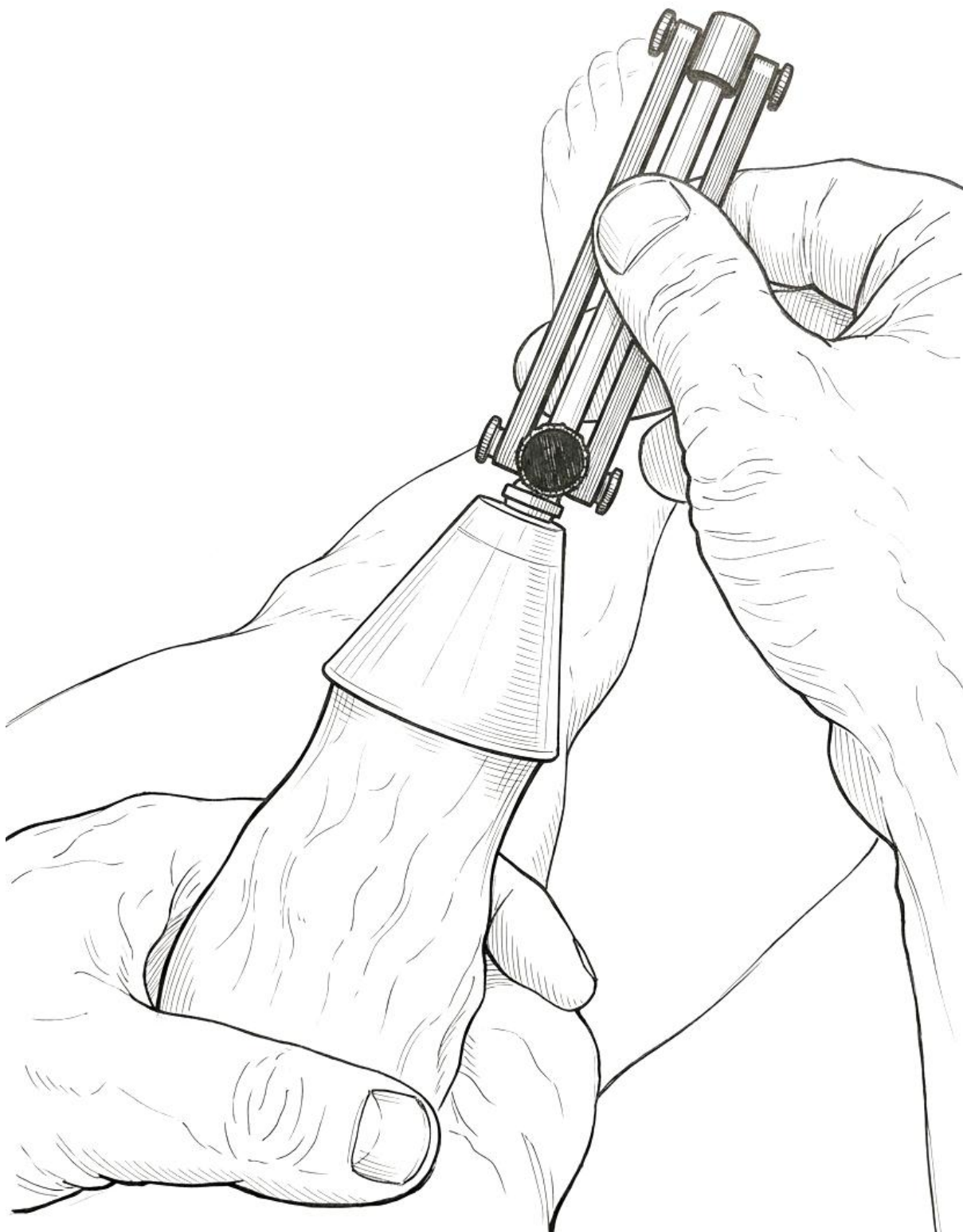
Support the device and loosen the locking screw gradually. Allow the elastic bands to extend slowly and apply tension. Never allow the mechanism to release suddenly.



Step 9.

Set a comfortable level

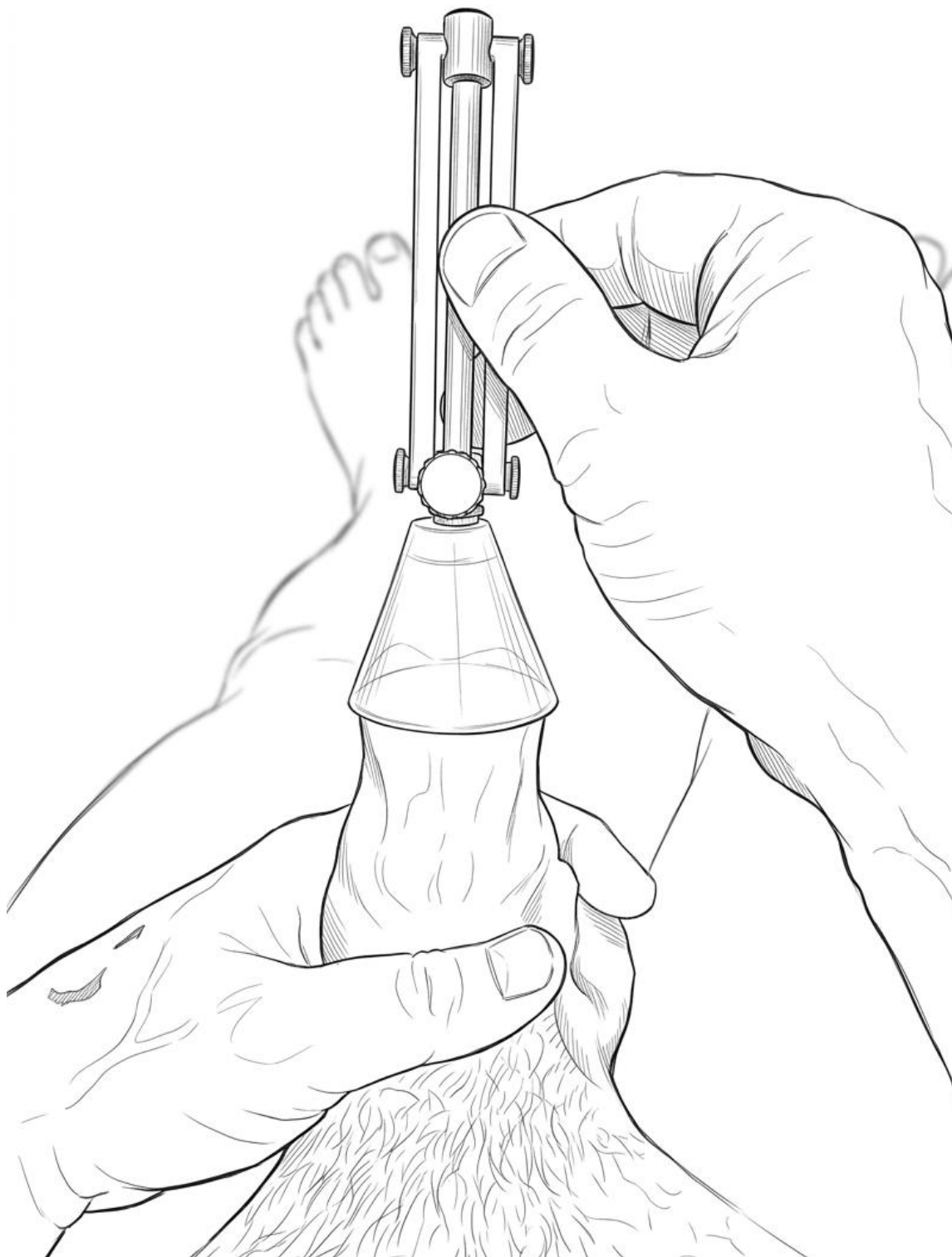
Use only enough movement to create a gentle, noticeable stretch. If the pressure is strong, painful or difficult to ignore, recompress the device, lock it and reduce the applied tension.



Step 10.

Complete the safety check

Confirm normal colour, warmth and sensation. Move carefully through sitting and standing to check that the device remains comfortable and does not catch on clothing.



Refit Rather than Tolerate: Any pinching or discomfort present during fitting is likely to become worse during wear. Remove and refit immediately rather than waiting for it to settle.

7. Applying and Adjusting Tension

What correct tension should feel like

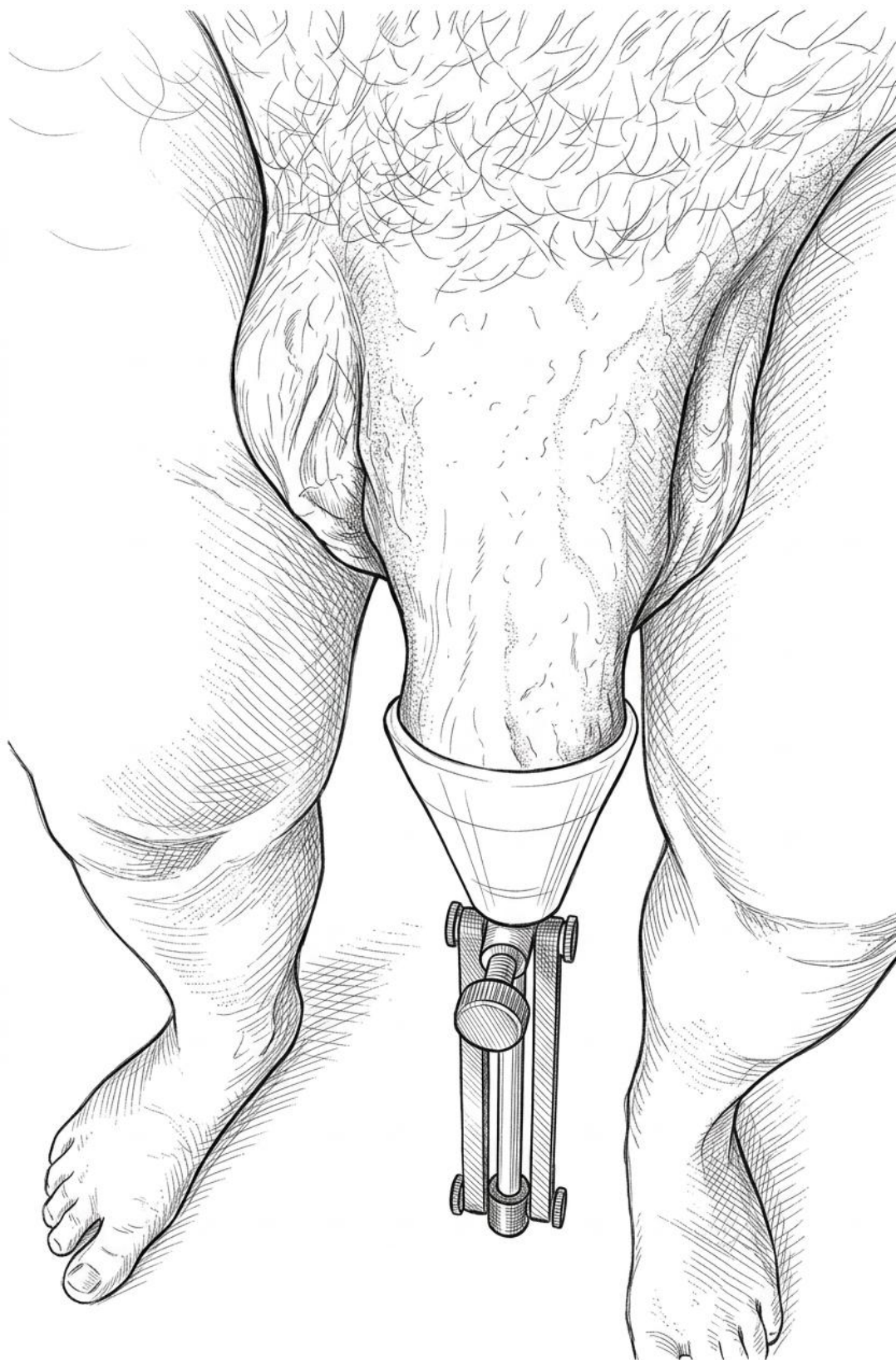
- ✓ A gentle, even stretch.
- ✓ Stable pressure without sharpness or burning.
- ✓ Normal sensation and skin colour.
- ✓ Comfort that allows normal awareness without constant discomfort.

Reducing tension

1. Support the device.
2. Move the sliding assembly to recompress the bands.
3. Tighten the locking screw to hold the compressed position.
4. Remove and refit if the skin has shifted or become uncomfortable.
5. Reapply a lower level of tension gradually.

Never force the mechanism: If the locking assembly does not move smoothly, stop using the device and inspect it. Do not use tools or excessive force while the device is fitted.

Final fitted appearance



Final fitted device under tension. Check even skin capture and alignment

8. Wearing Schedule and Daily Use

Tolerance varies. The schedule below is deliberately conservative and should be adapted downward if needed. It is not a promise of results and does not override discomfort or warning signs.

Stage	Suggested Session	Focus
Initial familiarisation	15-30 minutes	Learn fitting, removal and comfort checks.
Early use	30-60 minutes	Confirm skin tolerance and stable fitting.
Established use	Increase gradually	Use multiple comfortable sessions rather than forcing long wear.
Any adverse response	Stop and rest	Resume only after complete recovery; seek medical advice if symptoms persist.

- ✓ Remove the device for urination.
- ✓ Do not wear during sleep.
- ✓ Avoid strenuous activity until you know how movement affects the fit.
- ✓ Do not conceal discomfort to achieve a longer wearing time.
- ✓ Take regular breaks and inspect the skin after removal.

Your body sets the limit: A planned duration is never more important than comfort, circulation, sensation and skin condition.

9. Removing the Device

1. Support the device with one hand.
2. Compress the bands and secure the locking screw so tension is removed.
3. Lift the edge of the silicone retainer gently to break the seal.
4. Roll the retainer back slowly while supporting the skin.
5. Remove the pusher without pulling sharply.
6. Inspect the skin and allow any temporary marks to resolve before refitting.

Do not pull sharply: Silicone may adhere slightly to clean skin. Break the seal gently or roll the retainer back; never pull the device off suddenly.

10. Cleaning, Inspection and Storage

Routine cleaning

- ✓ Separate components only as intended by the manufacturer.
- ✓ Wash silicone contact parts with warm water and mild, unperfumed soap.
- ✓ Rinse thoroughly to remove all soap residue.
- ✓ Allow to air-dry completely on a clean surface.
- ✓ Wipe non-contact metal and polymer components with a clean damp cloth where required, then dry.
- ✓ Reassemble only when all parts are completely dry.

Avoid Harsh Chemicals: Unless Forenew specifically confirms compatibility, do not use bleach, acetone, strong solvents, abrasive cleaners, boiling water or a dishwasher. These may damage or distort components.

Inspection frequency

When	Check	Action
Before every use	Cleanliness, silicone condition, band integrity, screw operation	Do not use if damaged or contaminated.
After every use	Skin reaction and product cleanliness	Clean and dry; record unusual reactions.
Monthly	Band stretch, fasteners, guide rod, general wear	Replace worn parts or contact Forenew.
After any drop or impact	Alignment, cracking, sharp edges, loose parts	Quarantine until confirmed safe.

Storage

- ✓ Store clean, dry and fully released from tension.
- ✓ Keep away from direct sunlight, excessive heat, freezing conditions and sharp objects.
- ✓ Do not store under heavy items or in a way that permanently deforms the silicone.
- ✓ Keep components together in a clean container away from children and pets.

11. Troubleshooting

Problem	Likely Cause	Corrective Action
Device slips	Moisture, oils, insufficient or uneven skin capture	Remove, wash and dry the device and skin; refit evenly. Do not increase tension to compensate for slipping.
Pinching under retainer	Folded or uneven skin	Remove immediately and refit. Do not wait for pinching to settle.
Glans pressure or soreness	Pusher off-centre or excessive tension	Remove, inspect, reduce tension and centre the pusher. Use the supplied comfort pad where appropriate.
Bands release too quickly	Locking screw released without supporting the device	Recompress, secure and practise gradual release away from the body.
Uneven pull	Unequal skin capture, twisted device or unequal band condition	Remove and refit; inspect bands and alignment.
Persistent redness or irritation	Excessive duration, pressure, moisture or sensitivity	Stop until fully resolved; review cleaning and wear time; seek medical advice if persistent.
Locking screw is difficult	Contamination, damage or cross-threading	Do not force. Remove from use and contact Forenew.
Loss of sensation or colour change	Possible excessive pressure or impaired circulation	Remove immediately. Do not resume until fully normal; seek urgent medical advice if it does not resolve promptly.

Incident Reporting: If the product breaks, malfunctions or contributes to an injury, stop using it, retain the device and packaging, photograph the condition where appropriate and contact Forenew Ltd with the order date, product details and description of what happened.

12. Frequently asked questions

Should the device hurt?

No. A gentle stretching sensation may be expected, but pain, burning, numbness or increasing discomfort means the device should be removed.

Can I wear it overnight?

No. The device should not be worn while asleep because you cannot reliably monitor circulation, pressure, displacement or erections.

How quickly should I increase tension?

Very gradually. Increase only after you can fit, wear and remove the device comfortably and consistently.

Can I use moisturiser before fitting?

Not immediately before fitting. Moisture and oils can reduce grip. Moisturise after use if appropriate and allow the skin to return to a clean, dry condition before the next session.

Can I continue if the device keeps slipping?

No. Remove it and correct the cause. Increasing tension to prevent slipping may increase the risk of injury.

Can I share the device?

No. It is a personal-use product and should not be shared.

What if irritation develops?

Stop use and allow the skin to recover fully. Review cleaning, fit, tension and wearing time. Seek medical advice if irritation is marked, recurrent or persistent.

Are results guaranteed?

No. Results and timescales vary considerably. Forenew does not guarantee a particular outcome.

When should I replace parts?

Replace any part showing cracking, tearing, permanent distortion, loss of elasticity, roughness, corrosion, looseness or unreliable operation.

Who should I contact with a safety concern?

Email info@forenew.co.uk and provide the product, order details, photographs if helpful and a clear description of the concern.

13. Warranty, disclaimer and contact details

Limited product warranty

Forenew warrants that the product will be free from manufacturing defects at the time of supply, subject to the applicable sales terms and statutory consumer rights. This does not cover normal wear, consumable parts, accidental damage, unauthorised modification, unsuitable cleaning, misuse, use outside the instructions or damage caused by excessive force.

Disclaimer and limitation of liability

The Forenew Bi-Directional Device is intended solely as a non-medical skin-expansion aid for adult personal use. It is not intended to diagnose, treat, cure or prevent any disease or medical condition. Information in this manual is provided to support safe product use and is not medical advice.

Users must read and follow the supplied instructions, inspect the device before use, apply only gentle and comfortable tension, monitor skin condition and discontinue use if adverse symptoms occur. Individual anatomy, tolerance and outcomes vary, and no guarantee is made regarding the extent, appearance or rate of results.

To the fullest extent permitted by applicable law, Forenew Ltd is not liable for indirect or consequential loss arising from misuse, incorrect fitting, excessive tension, unauthorised modification, use of damaged components, failure to follow the instructions, or continued use after warning symptoms arise.

Nothing in this manual excludes or limits liability that cannot lawfully be excluded or limited, including applicable statutory consumer rights and liability for death or personal injury caused by negligence where such exclusion is prohibited by law.

14. Daily Safety Checklist

- I have read the current manual.
- The device and skin are clean and completely dry.
- The silicone components are free from damage.
- Both elastic bands are intact and seated correctly.
- The guide rod and locking screw operate normally.
- The skin is healthy and free from injury or irritation.
- The device is fitted evenly without pinching.
- The tension is gentle and comfortable.
- Colour, warmth and sensation remain normal.
- I will remove the device immediately if warning symptoms occur.

Remember: Comfort and normal circulation are mandatory. Wearing time and progress goals never justify pain, numbness or skin damage.

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